

## GAME: Option 1 (Use with all ages)

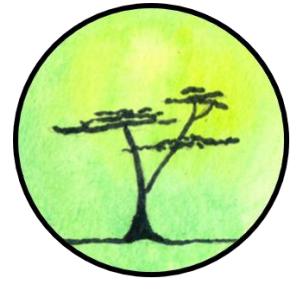
Say: The opposite of hate, anger and jealousy is teamwork. Today we are going to practice working together as a team.

### Option 1: Sit down/Stand up

Have the students make pairs of two. Each student should sit on the floor/ground with backs leaning against each other. Tell the students that they should remain with backs touching and without using hands or arms, stand up together at the same time.



# Credits



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